

# Second Opinion

by Dr. Vladimir Pastouk



## Dental Implants

With recent advancements in dental implant technology, almost anyone can enjoy the physical and emotional health benefits of a beautiful smile. But one reader wants to know, “Can I really have a new tooth in just one day?”

**Q** I have seen ads touting dental implants that are done in one day. Can I really have a new tooth in one day?

**A** Although the implant itself is done in one day, the preparation of the bone, integrating the implant so that it fuses with the bone, and the healing of the tissue usually takes three to six months. For some patients who do not have enough bone volume, bone grafting might be necessary, which increases the required healing time. There are certain things we do not have control over, such as the physiology of our bodies, so the time varies from patient to patient.

Healing is the key to a successful dental implant, so for the best results you should never have the implant and the permanent restoration placed in one day.

A dental implant involves a three-pronged approach: preparation, surgical procedure,

and restoration.

It all starts with diagnosing and planning. During the initial consultation, I evaluate a patient’s medical history, develop a treatment plan, take X-rays and CAT scans, and prepare a diagnostic model so the patient can see how the implant will blend in with the existing teeth and enhance the overall smile.

The surgical procedure only takes about 30 minutes to two hours, during which a titanium post is inserted into the bone in the area of the missing tooth. Once it is surgically placed, it begins to fuse with the bone and creates a base for a crown to be placed over it. It takes a couple of months for the tissue to fully heal, so during this time patients can wear a flipper or a temporary crown, if needed, for cosmetic purposes.

Once the tissue is completely healed, we take an impression and make a crown to place over the implant post. This natural-looking tooth will blend in with the existing teeth to create a beautiful smile.



**Vladimir Pastouk, DMD**

*Dr. Vladimir Pastouk is the founder of Dental & Cosmetic Solutions,*

*located at 3550 Lander Road, Suite 140, in Pepper Pike (in the Howard Hanna building). He is a faculty member at Pacific Training Institute of Facial Aesthetics, in Vancouver, Canada, and a member of many professional organizations. Email your questions to dentalhelp@gmail.com or contact Dr. Pastouk directly at 216-292-3600. The web address is DentalCosmeticSolution.com.*

### FREE SEMINARS

#### Dental Implant Seminar

**WHEN:** Wednesday, October 29, at 6:30 p.m.

Dr. Vladimir Pastouk will discuss the latest in implant technology and how it can benefit you.

Seating is limited. Call 216-292-3600 to reserve your spot.

#### Give Kids a Brighter Smile Day

**WHEN:** Saturday, October 25, from 9:00 a.m.-2:00 p.m.

Dr. Pastouk is giving children healthy smiles. He and his team will provide free screenings, cleanings, sealants, and fluoride for children free of charge.

Thirty spots are promised to be available.

**WHERE:** Dental & Cosmetic Solutions offices, 3550 Lander Road, Suite 140, in Pepper Pike